

## Histamine, 24-Hour Urine

**Explanation:** The following new orderable, referred to Quest Diagnostics SJC, will be available Tuesday May 22, 2023.

**Test ID:** FHI24

**Methods:**

Immunoassay

**Reference Values:**

0.006 - 0.131 mg/24 h

**Specimen Requirements:**

Avoid direct sunlight. Patient should refrain from taking allergy causing drugs, antihistamines, oral corticosteroids, and substances which block H2 receptor at least 24 hours prior to specimen collection.

**Patient Preparation:**

**Container/Tube:** Plastic, 10-mL tube (T068)

**Specimen Volume:** 4 mL

**Collection Instructions:**

1. Collect urine for 24 hours, with 10 mL 6N HCL preservative.
2. Avoid direct sunlight during the 24-hour collection.
3. Send specimen refrigerated in the plastic, 10-mL urine tube (T068)
4. Collection volume and duration are required

**Minimum Volume:** 2 mL

**Specimen Stability Information:**

Specimen Type	Temperature	Time
Urine	Refrigerated (preferred)	14 days
	Ambient	48 hours
	Frozen	14 days

**Fee:**  
\$185.02

**CPT Code:**  
83088

**Day(s) Setup:** Tuesday, Friday

**Report Available:** 3 to 11 days

**Questions:**

Contact MCL Referrals Supervisor Amy Bluhm at 800-533-1710.